

In this document, you will find information, expectations, and requirements for the use of medical models during dry needling coursework.

**Professional Pelvic Health Consultants, LLC and Dry Needling Educators** ("Company") value the respect and dignity of all people. The following are the considerations and indications for the use of a medical model.

## MEDICAL MODEL OVERVIEW

For all dry needling labs, attendees are expected to be both the examining "therapist" and "patient" participant. If a participant has a pre-existing medical condition that prevents them from participating in the lab, the participant is responsible for finding a person to serve as a medical model. This person will stand in for the participant as the "patient" during labs. There is significant value in each participant learning by examining different "patients" during labs. Therefore, the model will be expected to be examined by different "therapists". The model must be present for all labs and skill checks.

## CONSIDERATIONS FOR THE USE OF A MEDICAL MODEL

It is the participant's decision to use a medical model to participate in the "patient" portion of the dry needling coursework. Those who may be unable to participate in the "patient" portion may include, but are not limited to, the following:

- A participant who has a confirmed pregnancy in second or third trimester
  - You must submit a signed medical release from your medical provider that allows you to participate in all labs that are not contraindicated during pregnancy
- A participant who is experiencing an active exacerbation of a neuromusculoskeletal medical condition or dermatologic condition
- A participant with a history of sexual abuse or trauma
- Social, cultural or religious practices

## REQUIRED USE OF A MEDICAL MODEL

Those who are required to use a medical model to participate in the "patient" portion of the dry needling coursework may include, but are not limited to, the following:

- A participant who is in the first trimester of pregnancy
- A participant who falls into the "contraindications to dry needling" category

## STEPS TO COMPLETE WHEN CHOOSING TO USE A MEDICAL MODEL

If a participant chooses to use a medical model, the following steps should be completed:

1. Inform the Company at [education@pphc.co](mailto:education@pphc.co) that a model will be used
2. Acquire and ensure consent forms are signed by the medical model for participation in dry needling coursework

## ATTENDANCE & PARTICIPATION REQUIREMENTS FOR MEDICAL MODELS

- A medical model must sign a Medical Model Consent Form which will be emailed to you upon informing the Company
- A medical model should arrive 15 minutes before the scheduled lab begins
- A medical model is only present during labs
- A medical model cannot be a licensed physical therapist, physical therapist assistant, or physical therapy student unless they pay a course audit fee
- The medical model/auditor will not participate as the “therapist”
- The model will be expected to be treated by different “therapists”

## STANDARD PAYMENT FOR A MEDICAL MODEL

Medical model fees are approximately \$50-75 per hour; however, this may vary by location and individual

Participants may negotiate individual rates of payment with their model subjects. Participants are responsible for the cost of a medical model.

## WHO CAN SERVE AS A MEDICAL MODEL

Models must be over the age of 18, and meet the above criteria. Suggested models may include:

- Friends
- Colleagues
- Relatives
- Significant others
- Professional medical models

## ADDITIONAL CONSIDERATIONS FOR LOCATING A MEDICAL MODEL

- Local student health care educational program
- Contact the Company at [education@pphc.co](mailto:education@pphc.co) to connect with the scheduled host site for potential suggestions